

**Friday, September 25, 2015**

KEVA Sports &amp; Event Center (8312 Forsythia St, Middleton, WI 53562)

<b>Time</b>	<b>Activity</b>
3:30pm – 4:00pm	<b>Registration</b>
4:00pm – 6:30pm	<b>Sports Expo</b>
6:30pm – 7:30pm	<b>Dinner</b> (Only for those that participate in Expo AND Run/Walk)
7:30pm – 8:30pm	<b>Unified Glow Fun Run/Walk</b>

**Saturday, September 26, 2015**

Madison Marriott West (1313 John Q Hammons Dr., Middleton, WI)

<i>Time</i>	<i>Sports</i> <i>Salon D</i>	<i>Education</i> <i>Salon E</i>	<i>Health</i> <i>Salon F, G, H</i>	<i>Community</i> <i>La Crosse/MKE/Green Bay</i>
8:00am – 3:00pm	Registration & Exhibitor Booths Open			
9:30am – 10:45am	Opening Ceremony & Keynote			
11:00am – 12:00pm	<b>Event Management 101</b> Presenter: Mark Wolfgram	<b>Ignite with Project UNIFY®</b> Presenters: Youth Activation Committee Members	<b>Healthy Self Image</b> Presenter: Pam Malin	<b>Community Connections</b> Presenters: Martha Hill, Randy Meverden, Roy Pirrung & Tyler Wigington
12:00pm – 1:00pm	Lunch			
1:15pm – 2:15pm	<b>SOWI Training Program</b> Presenter: Bob Whitehead	<b>Your Project UNIFY Toolkit</b> Presenters: Jahlieh Henderson, Emily Rothering, Deb Foster	<b>Everyday Health</b> Presenter: Ian Ryan	<b>What’s Your Journey?</b> Presenter: Kristy Bridenhagen
2:30pm – 3:30pm	<b>Become SOFit</b> Presenter: Don Wigington	<b>Bullying Prevention: Fact and Fiction</b> Presenter: Beth Herman	<b>Internet Safety</b> Presenter: Community Deputy Richard Bennett	<b>Road to Independence</b> Presenter: Joanne Smits
3:45pm – 4:45pm	<b>Play Unified!</b> Presenters: Bob Whitehead & Don Wigington	<b>Inclusive Youth Leadership</b> Presenters: Youth Activation Committee Members	<b>Health Disparities &amp; There’s an App for That!</b> Presenters: Lindsay DuBois & Jessica Chuckel	
6:00pm – 8:00pm	Dinner & Awards and Recognition Banquet			

**Sunday, September 27, 2015**

Madison Marriott West (1313 John Q Hammons Dr., Middleton, WI)

<b>Time</b>	<b>Salon E</b>	<b>Salon F, G, H</b>	<b>La Crosse/MKE/Green Bay</b>
8:00am – 9:00am	<b>Breakfast</b>		
9:15am – 10:15am	<b>NEW General Coaches Training</b>	<b>Fundraising Focus Groups: Coordinating our Efforts in Fundraising</b> Facilitator: TBD	<b>Differing Abilities</b> Presenters: Kim Schooley & Jodi Schlender
10:30am – 11:30am			

## FRIDAY

**Sports Expo** – Kick-off the Leadership Conference by getting active as we hit the courts, fields and snow (sand ☺). Special Olympics Wisconsin (SOWI) sports staff will provide hands-on sports training and demos in Unified basketball, flag football and snow shoeing followed by a fun run/walk. These activities are designed to compliment Saturday and Sunday sessions so local SOWI schools and programs can leave with everything it takes to train in these sports and perhaps even host a Unified competition. You can preview Unified sport kits to borrow for the season and four lucky schools will leave with Movable Bands to participate in a friendly fitness competition between schools culminating in the January Indoor Triathlon.

**Unified Glow Fun Run/Walk** – This “glowing” event is both a track and teambuilding activity complete with glow paint, glow bubbles, glow swag, and more! All ability levels welcome; minimum distance is 1.25 miles and maximum distance is 2.5 miles. The more you do, the more you will glow! **Prizes** will be given out in the following categories: Ultimate Glow Woman (Best Dressed), Ultimate Glow Man (Best Dressed), top three females (2.5 mile only) and top three males (2.5 mile only) if you are signed up as a **SOFit** participant.

Dinner will be provided on site for those that participate in *both* the Sports Expo and Unified Glow Fun Run/Walk. Concessions will also be available. Shuttles will be provided back to the hotel after the run/walk.

## OPENING CEREMONY AND KEYNOTE

Join us for an inspirational ceremony and keynote to remember. The Figureheads will start the conference with songs, stories and motivational messages. Jeremy Bryan is an award-winning artist, educator, and nonprofit pioneer with a Masters in Liberal Studies from UWM. He has performed for hundreds of thousands of youth and guest taught in elementary, secondary and college-level classrooms. His primary passion is encouraging young leaders to flourish in their relationships and work.

Dave Olson is an award-winning producer, educator, and founding member of Figureheads, Inc. In addition to performing for thousands of kids, he has taught music production skills to hundreds of youth in technology workshops and is currently scoring commercials for [itsaaron.com](http://itsaaron.com), the Milwaukee Brewers, and much more. To learn more, visit [www.figureheadsinc.org](http://www.figureheadsinc.org)

## SPORTS

**Event Management 101: How to run an invitational event** –Learn the basics of event management and how to offer a local event. This session will provide the tools (divisioning, scheduling, timelines, etc.) necessary for running a successful event at the local level.

Presenter: Mark Wolfram, Fox Valley Regional Athletic Director

**SOWI Training Program** – The SOWI coaches’ training and certification program and requirements are being updated to increase efficiency and to make certification more accessible to coaches and agencies. This session will focus on the certification requirement for coaches attending state games as well as training resources that will be offered as educational resources for coaches to increase their knowledge and skills.

Presenter: Bob Whitehead, VP of Program Services

**Become SOFit** – Are you looking for year-round wellness opportunities? Would you like to participate in community fitness activities like local 5k’s or joining a yoga group? Then you should become **SOFit**. Come learn more about this new program where you can participate individually or with partners and choose goals based on your ability and desires. We hope you leave inspired and welcomed in our growing fitness community.

Presenter: Don Wigington, South Central Regional Athletic Director

**Play Unified!** – Changing the world is a contact sport: Play Unified! Would you like more sport opportunities for your athletes or students? Unified Sports® joins people with and without intellectual disabilities on the same team. It was inspired by a simple principle: playing together is a quick path to friendship and understanding. Three different models are now available to fit the resources and environment in which the events are offered. Come and learn about each of these models and how they can work for you!  
Presenters: Bob Whitehead, VP of Program Services, and Don Wigington, South Central Regional Athletic Director

**NEW General Coaches Training** - Beginning with the 2015-2016 Program year, the certification requirements for SOWI coaches attending state Games will change. The sport-specific requirement will be replaced with a general coaches' certification. Existing coaches will not be required to become certified by the new session until their existing certifications expire. Attendees of this session will become a certified coach, but will also be given credit for completing Protective Behaviors, Concussion Training and the General Session. Also new: athletes who wish to coach can attend this session, and watch a short video, in order to become certified (Athletes-As-Coaches is no longer needed).

## **EDUCATION**

**Ignite with Project UNIFY** – Youth Activation Committee members from Columbus High School will lead participants through interactive games for fun and learning. Topics include Inclusive School Environment and Advocacy, Overcoming Obstacles of Social Justice, and Inclusive Leadership and Collaboration. Come ready to meet new friends and work together and leave with an Ignite with Project UNIFY handbook to use in your school.  
Presenters: Youth Activation Committee members from Columbus High School

**Your Project Unify Toolkit** – If you are looking to increase acceptance, leadership and inclusion in your school, this breakout is for you! Gain insight and information from Project Unify liaisons, athletes and peers from around Wisconsin in roundtable discussion on how to successfully implement Project Unify programming in your school. Participants can expect to learn of Project Unify's mission, how to get a program started, events and activities for your student body, leadership opportunities, and more.  
Presenters: Jahlieh Henderson, Special Education Teacher at Columbus High School, Deb Foster, EBD Teacher at D.C. Everest Junior High, and Emily Rothering, Science Teacher at Milton Middle School

**Bullying Prevention: Fact and Fiction** –This interactive session will introduce you to what bullying is and how it impacts all of those involved. You will learn how bullying is a specific form of aggression and how to recognize it. Strategies to address bullying, whether you are a youth or adult, will also be shared.  
Presenter: Beth Herman, MSE, Educational Consultant at Wisconsin Department of Public Instruction

**Inclusive Youth Leadership** –Join us as we walk through the Inclusive Youth Leadership Guidebook to teach participants about Inclusion, Co-Leadership, Teamwork, Communication and Environment. Activities will allow participants to work with each other to learn and share in this session meant to amplify youth voice!  
Presenters: State-wide Youth Activation Committee members

## **HEALTH**

**Healthy Self Image** –Celebrate individuality and learn how to build confidence so athletes improve how they see and value themselves. Presenter: Pam Malin, Disability Specialist with C.A.R.E.S.

**Everyday Health** –Discover how to promote simple health and lifestyle changes and empower your Agency, your athletes, your volunteers, your families to become a healthy community. We will focus on healthy eating and activities that can be done at home to stay healthy.

Presenter: Ian Ryan, Personal Trainer at the Princeton Club

**Internet Safety** –Prepare yourself for safe interactions online, and uncover the more critical risks and issues that individuals with intellectual disabilities face online.

Presenter: Community Deputy Richard Bennett

**Health Disparities and There's an APP for that!** – Learn about health disparities facing individuals with ID, obtain access to health resources available in Wisconsin and learn how mobile device can support your healthy habits on and off the playing field.

Presenters: Lindsay DuBois, PhD candidate in Population Health at UW-Wisconsin, and Jessica Chuckel, Healthy Communities Project Director

## COMMUNITY

**Community Connections:** How did Martha Hill, SOWI athlete connect with running partner Roy Pirrung, an ultra-marathoner who averages 30-35 races a year and just completed his 1,000<sup>th</sup> finish? How did Tyler Wigington, SOWI athlete and Randy Meverden, LETR officer, connect and complete multiple half and full marathons? Hear their stories and let them connect you to resources within your own community and Special Olympics SO Fit. Join us for ideas and resources for athletes to connect with partners and sports events in their community.

Presenters: Martha Hill, SOWI athlete, Randy Meverden, LETR officer, Roy Pirrung, Ultra-Marathoner, and Tyler Wigington, SOWI athlete

**What's Your Journey?** – Join Kristy and other proud members of PINC (Partners in Nurturing Community), will present an interactive exploration of **YOU**. We will help teach the meaning of self-advocacy through collage art that shows a person's interest, dreams and hopes using pictures.

Presenter: Kristy Bridenhagen, SOWI Agency Manager and Adapted Recreation Director at the Stevens Point Area

**Road to Independence** – Joanne shares her experience on how individuals with disabilities can live more independently. Join the conversation on what works, what doesn't and where to start.

Presenter: Joanne Smits, SOWI Agency manager and owner of L.I.F.E. Academy, an independent living and daily living skills company

**Differing Abilities** – Inherent in the SOWI mission is the "sharing of gifts" of people of all abilities. Learn how to adapt your current programming to fit the needs of a diverse group of athletes. This session will cover: what questions to ask before an athlete enters your program; how to provide accommodations to participate; the importance of visual aids; understanding behaviors and how to bring out the best in everyone whether on the sports-field or in the classroom. Presenters: Kim Schooley, Senior Program Director, and Jodi Schlender, Special Programs Director and Agency Manager, at YMCA Pabst Farms

**Fundraising Focus Group: Coordinating our Efforts in Fundraising** – Discuss the strengths and challenges of fundraising for SOWI. What is working and what is the best way for us to collaborate for the movement.

Facilitator: TBD

**Coffee with the Staff** –Join us for an informal, roundtable discussion from staff who will be on hand to give an overview of the goals and department plans for the new program year.