



2310 CROSSROADS DR.
SUITE 1000
MADISON, WI 53718
(608) 222 – 1324

ATHLETES WITH DOWN SYNDROME SPECIAL EXAMINATION

ATHLETE INFORMATION

Last name First name Date of Birth

Street Address

City Zip Code

Phone Number Age Gender Race

AGENCY INFORMATION

Agency Name Agency Number

INSURANCE INFORMATION

Insurance co./Medical Assistance Policy number

MEDICAL RELEASE FOR INDIVIDUALS WITH DOWN SYNDROME PARTICIPATING IN DESIGNATED SPORTS AND OTHER RELATED ACTIVITIES OF SPECIAL OLYMPICS, INC.

This Form must be completed and signed by the examining physician for each individual with Down syndrome who is expected to participate in the following activities:

Alpine Skiing	Judo
Artistic Gymnastics	Pentathlon
Butterfly Stroke	Powerlifting
Diving Start	Soccer
High Jump	Squat Lift
	Snowboarding

And any warm-up exercises placing undue stress on the head and neck.

NOTE TO EXAMINING PHYSICIAN:

There is evidence from medical research that up to 15 percent of individuals with Down syndrome have a malalignment of the cervical vertebrae C-1 and C-2 in the neck. This condition exposes individuals with Down syndrome to the possibility of injury if they participate in activities that hyper-extend or radically flex the neck or upper spine. Special Olympics, Inc. requires that any athletes competing in the above listed sports must be examined for this condition. The examination must include x-ray views of full extension and flexion of the neck.

PHYSICIAN STATEMENT:

On examination of cervical spine x-rays including full flexion and full extension views, I find that the above named athlete has:

CHECK ONE:

☐ No evidence of Atlanto-axial Instability

☐ Positive or equivocal evidence of Atlanto-axial Instability

SIGNATURE OF PHYSICIAN

DATE

Print Physician's Name & Title

Street Address City State Zip Code

Telephone Number

SPECIAL OLYMPICS – Created by The Joseph P. Kennedy, Jr. Foundation. Authorized and Accredited by Special Olympics, Inc., for the Benefit of Persons with Intellectual Disabilities.

DO NOT DETACH

Revised August 2013