

Athlete Medical Form



To be completed by Special Olympics

REGION:

MedFest®

Individual Physical

DELEGATION:

Unified Partner
(Medicals Optional)

Healthy Young Athletes

ATHLETE INFORMATION

First Name: _____ Middle Name: _____
 Last Name: _____
 Date of Birth (dd/mm/yyyy) _____ Female: _____ Male: _____
 Mailing Address: _____
 Phone: _____ Cell: _____
 E-mail: _____ Eye Color: _____
 I am my own guardian. Yes No

PARENT

GUARDIAN INFORMATION

Name: _____
 Phone: _____ Cell: _____
 E-mail: _____
 Athlete's Primary Care Physician:
 Phone: _____
 Insurance Provider:
 Policy Number: _____

Does the athlete have (check any that apply):

Autism Down syndrome Fragile X Syndrome
 Cerebral Palsy Fetal Alcohol Syndrome
 Other syndrome, please specify: _____

List any sports the athlete wishes to play:

Is the athlete allergic to any of the following (please list):

Food: _____
 Medications: _____
 Insect Bites or Stings: _____
 Latex _____ No Known Allergies

Does the athlete use (check any that apply):

Dentures Communication Device Wheel Chair
 Brace Removable Prosthetics Crutches or Walker
 Splint Glasses or Contacts Hearing Aid
 Pacemaker G-Tube or J-Tube Implanted Device
 Inhaler Colostomy C-PAP Machine

List all past surgeries:

List any special dietary needs:

List all ongoing or past medical conditions:

List all medical conditions that run in the athlete's family:

Does the athlete have any religious objections to medical treatment?

No Yes If yes, please complete the religious objections form.

Has any relative died of a heart problem before age 50?

No Yes

Has any family member or relative died while exercising?

No Yes

Does the athlete currently have any chronic or acute infection?

No Yes

Has the athlete ever had an abnormal Electrocardiogram (EKG)?

No Yes

Has a doctor ever limited the athlete's participation in sports?

No Yes

Has the athlete ever had an abnormal Echocardiogram (Echo)?

No Yes

Has the athlete had a Tetanus vaccine within the past 7 years? No Yes

Athlete's Name



PLEASE INDICATE IF THE ATHLETE HAS EVER HAD ANY OF THE FOLLOWING CONDITIONS

Loss of Consciousness	No	Yes	High Blood Pressure	No	Yes	Stroke / TIA	No	Yes
Dizziness during or after exercise	No	Yes	High Cholesterol	No	Yes	Concussions	No	Yes
Headache during or after exercise	No	Yes	Vision Impairment	No	Yes	Asthma	No	Yes
Chest pain during or after exercise	No	Yes	Hearing Impairment	No	Yes	Diabetes	No	Yes
Shortness of breath during or after exercise	No	Yes	Enlarged Spleen	No	Yes	Hepatitis	No	Yes
Irregular, racing or skipped heart beats	No	Yes	Single Kidney	No	Yes	Urinary Discomfort	No	Yes
Congenital Heart Defect	No	Yes	Osteoporosis	No	Yes	Spina Bifida	No	Yes
Heart Attack	No	Yes	Osteopenia	No	Yes	Arthritis	No	Yes
Cardiomyopathy	No	Yes	Sickle Cell Disease	No	Yes	Heat Illness	No	Yes
Heart Valve Disease	No	Yes	Sickle Cell Trait Easy	No	Yes	Broken Bones	No	Yes
Heart Murmur	No	Yes	Bleeding	No	Yes			
Endocarditis	No	Yes	Dislocated Joints	No	Yes			

Any difficulty controlling bowels or bladder <i>If Yes, is this new or worse in the past 3 years?</i>	No	Yes	Please describe any past broken bones or dislocated joints:
Numbness or tingling in legs, arms, hands or feet <i>If Yes, is this new or worse in the past 3 years?</i>	No	Yes	
Weakness in legs, arms, hands or feet <i>If Yes, is this new or worse in the past 3 years?</i>	No	Yes	
Burner, stinger, pinched nerve or pain in the neck, back, shoulders, arms, hands, buttocks, legs or feet <i>If Yes, is this new or worse in the past 3 years?</i>	No	Yes	Epilepsy or any type of seizure disorder No Yes <i>If Yes, list seizure type:</i> <i>Seizure during the past year?</i> No Yes
Head Tilt <i>If Yes, is this new or worse in the past 3 years?</i>	No	Yes	Self-injurious behavior during the past year No Yes Aggressive behavior during the past year No Yes Depression No Yes Anxiety No Yes Please describe any additional mental health concerns:
Spasticity <i>If Yes, is this new or worse in the past 3 years?</i>	No	Yes	
Paralysis <i>If Yes, is this new or worse in the past 3 years?</i>	No	Yes	
Ethnicity:			Is the Athlete Employed? If yes, list employer No Yes

PLEASE LIST ANY MEDICATIONS, VITAMINS OR DIETARY SUPPLEMENTS BELOW (include inhalers, birth control or hormone therapy)

Medication, Vitamin, or Supplement	Dosage	Times Per Day	Medication, Vitamin, or Supplement	Dosage	Times Per Day	Medication, Vitamin, or Supplement	Dosage	Times Per Day

Is the athlete able to administer his or her own medications?
No Yes

If female, list the date of the athlete's last menstrual period:

Athlete Signature (if own guardian)

Date

Legal Guardian Signature (only if not own guardian)

Date