**2025 REGIONAL ATHLETICS**

**EVENT DESCRIPTIONS**

**OFFICIAL EVENTS OFFERED:**

1. **ATHLETICS**

***Event Code Event Description***

AT50MDEV Assisted Run (Regional only, non-advancing)

AT050M 50m run

AT100M 100m Run

AT200M 200m Run

AT400M 400m Run

AT800M 800m Run

AT1500M 1500m Run

AT3000M 3000m Run

AT25MW 25m Walk

AT100W 100m Walk

AT200W 200m Walk

AT400W 400m Walk

AT800W 800m Walk

AT1500W 1500m Walk

ATLNJP Long Jump (Must be able to jump at least 1m)

ATSTLJ Standing Long Jump

ATSP2M Shot Put-Male: 8-11

ATSP4M Shot Put-Male: 12+

ATSPIW Shot Put-Female: 8-11

ATSP2W Shot Put-Female: 12+

ATSOBT Softball Throw (cannot do with Mini Javelin)

ATJAVJR Mini Javelin 8-15

ATJAVSR Mini Javelin 16+

AT4X100W 4x100m Walking Relay

AT4X100WU 4x100m Unified Walking Relay

AT4X100M 4 x 100m Relay

AT4X200M 4 x 200m Relay

AT4X400M 4 x 400m Relay

AT4X100U 4 x 100m Unified Relay

AT25WH Wheelchair-25m

AT100WH Wheelchair-100m

AT200WH Wheelchair-200m

AT30WS Wheelchair-30m Slalom

AT50MS Motor Wheelchair-50m Slalom

AT30MS Motor Wheelchair-30m Slalom

ATWHOB Motor Wheelchair-25m Obstacle

AT4X25M 4 x 25 Wheelchair Shuttle Relay

ATWSP1M Wheelchair Shot Put-Male

ATWSP1W Wheelchair Shot Put-Female

**ELIGIBILITY FOR SUMMER GAMES SEASON COMPETITION**

Valid SOWI Release Form and Athlete Medical in the Headquarters office postmarked by **April 15, 2025** to remain valid through **June 8, 2025.**

Completed Communicable Disease Waiver on file by **April 15, 2025.**

Athletes must have participated in at least eight weeks of official Special Olympics training prior to State competition.

At Regional tournaments and State Summer Games, Local Program quota will be based on the number of participating athletes, and advancement will be conducted according to Article I of the General Rules (see General Competition Policies).

An athlete in athletics may participate in a **maximum** of three events (three individual, two individual and one relay, or one individual and two relays).

6. Wheelchair athletes can enter a maximum of three athletic events. Motorized wheelchair athletes may not enter non-motorized events (and vice versa). Note: Bicycles or tricycles [i.e., gear/pedal powered vehicles] are not legal in wheelchair competitions.

7. SOWI will issue to each Local Program a quota for State Summer Games participation separately, based on the current year’s Regional involvement. If eligible, athletes must choose sports to compete in at State Summer Games June 6-8, 2025, based on multi-sport options listed below. Every Local Program must follow the advancement policies described in the General Information section of the Competition Guide to determine which athletes advance.

**SUMMER SEASON SPORTS**
MULTI-SPORT OPTIONS AT SUMMER GAMES
Cornhole Powerlifting or Tennis
Powerlifting Cornhole
Soccer --
Track & Field --
Tennis Cornhole

**OFFICIAL EVENTS**

|  |  |
| --- | --- |
| **Category** | **Events Selection** |
| Category A: *Development* | Assisted Run\* OR 25m Walk OR 50m RunStanding Long Jump OR Running Long Jump\*\*Softball Throw OR Shot Put and/or Mini Jav\*\*\* |
| Category B: *Non-Motorized Wheelchair*  | 25m Non-Motorized Wheelchair30m Non-Motorized Wheelchair Slalom100m Non-Motorized Wheelchair 200m Non-Motorized Wheelchair4x25m Non-Motorized Wheelchair Shuttle RelaySoftball Throw OR Shot Put and/or Mini Jav\*\*\* |
| Category C: *Motorized Wheelchair* | 30m Motor Wheelchair Slalom50m Motor Wheelchair Slalom25m Motor Wheelchair Obstacle CourseSoftball Throw OR Shot Put and/or Mini Jav\*\*\* |
| Category D: *Walking* | 100m Walk200m Walk400m Walk800m Walk1500m Walk | 4x100m Walking RelayStanding Long Jump OR Running Long Jump\*\*Softball Throw OR Shot Put and/or Mini Jav\*\*\* |
| Category E: *Running* | 100m Run200m Run400m Run800m Run1500m Run3000m Run | 4x100m Relay4x200m Relay4x400m RelayStanding Long Jump OR Running Long Jump\*\*Softball Throw OR Shot Put and/or Mini Jav\*\*\* |

**PLEASE READ FORMS CAREFULLY!**

**2025 REGIONAL ATHLETICS REGISTRATION**

**ATHLETE ROSTER**

**Please Print Clearly:**

Local Program Number:       Local Program Name:

\*\*Head Coach:       W: (      )        H: (     )       Fax: (     )

Address:

 (City) (State) (Zip)

E-mail:        **Cell phone contact number while at the Tournament:** (     )

Additional email you would like games information sent to:

Include Local Program Manager Email in communication, if different from above: [ ]

**Return this form to your REGIONAL Office by the published deadline date!**

**I have verified that all chaperones attending the tournament are approved SOWI Class A certified volunteers [ ]  (check √).**

Number of coaches and chaperones that will attend the Regional tournament:       ***Reminder:*** *athlete to coaches/chaperone ratio is minimum of 4:1*

Will you be taking qualifying athletes to the State tournament? [ ]  Yes [ ]  No

\*\*Registration information for this Regional event will be sent to the person listed as head coach.

\*Use best performance for qualifying score. \*Enter all distances in **meters**. Example: 1 meter, 2 centimeters is 1.02 meters.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Maximum: three events** * 3 INDIVIDUAL
* 2 INDIVIDUAL & 1 RELAY
* 1 INDIVIDUAL & 2 RELay
 | **CATEGORY****LETTER** | **1st EvenT** | \*Qualifying score | **2nd Event** **OR RELAY** | \*Qualifying Score | **3rd Event** **OR RELAY** | \*Qualifying score |
| **Event Code** | **Min: Sec. 1/10****M . Cm** | **Event Code** | **Min: Sec. 1/10****M . Cm** | **Event Code** | **Min: Sec. 1/10****M . Cm** |
|  | **Athlete Name**(Alphabetical: Last Name, First) |  | RELAY Team Name (15 char. max) | RELAY Team Name (15 char. max) |
|  | ***Example, John*** | ***D*** | ***AT100M*** | ***1:09.3*** | ***ATLNJP*** | ***1.12*** | ***AT4X100M*** | ***2:45.2*** |
|  | ***R1.*** | ***R2. Road Runners*** |

**(OVER)**

\*Use best performance for qualifying score. \*Enter all distances in **meters**. Example: 1 meter, 2 centimeters is 1.02 meters.

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| --- | --- | --- | --- | --- | --- | --- | --- |
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|  | **Athlete Name**(Alphabetical: Last Name, First) |  | RELAY Team Name (15 char. max) | RELAY Team Name (15 char. max) |
| 1 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 2 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 3 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 4 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 5 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 6 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 7 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 8 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 9 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 10 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |

\*Use best performance for qualifying score. \*Enter all distances in **meters**. Example: 1 meter, 2 centimeters is 1.02 meters.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
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|  | **Athlete Name**(Alphabetical: Last Name, First) |  | RELAY Team Name (15 char. max) | RELAY Team Name (15 char. max) |
| 11 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 12 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 13 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 14 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 15 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 16 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 17 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 18 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 19 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |
| 20 |        |        |        |            |        |            |        |            |
|  | **R1.**       | **R2.**       |