

Friday, June 6th					
Time	Blue Staging Awards 1 Tent	Orange Staging Awards 2 Tent	Pink Staging Awards 2 Tent	Awards 2 Tent Open Pit Awards Schedule	Time
8:30 AM	3000m Run	8:30 AM - 9:30 AM Standing Long Jump - Female 53 athletes Div 150-158	8:30 AM - 9:45 AM Softball Throw - Male 89 athletes Div 185-198		8:30 AM
8:45 AM					8:45 AM
9:00 AM	200m Walk				9:00 AM
9:15 AM					9:15 AM
9:30 AM	WHCH 200m Open				9:30 AM
9:45 AM	WHCH 25m Non-Motor	9:45 AM - 10:45 AM Running Long Jump 63 athletes Div 199-208	9:45 AM - 11:00 AM Softball Throw - Female 74 athletes Div 174-184		9:45 AM
10:00 AM	WHCH 30m Non-Motor			10:00 AM - 10:30 AM Standing Long Jump - Female Div 150-158	10:00 AM
	Slalom				
	WHCH 100m Non-Motor				
10:15 AM	4 X 100M Walking Relay*				10:15 AM
10:25 AM	200M Run – Female*				10:25 AM
10:30 AM					10:30 AM
10:45 AM				10:45 AM - 11:15 AM Softball Throw - Male Div 185-198	10:45 AM
10:50 AM	200M Run – Male*				10:50 AM
11:00 AM		11:00 AM			11:00 AM
		WCH Shot Put Div 260			11:15 AM
COMPETITION BREAK					11:30 AM
					11:45 AM
					12:00 PM
				12:15 PM - 1:00 PM Softball	12:15 PM
12:30 PM	800M Run	12:30 PM - 2:00 PM Standing Long Jump - Male 105 athletes Div 159-173	12:30 PM - 1:30 PM	Throw - Female Div 174-184	12:30 PM
12:45 PM			Mini Jav - Female		12:45 PM
1:00 PM	800M Walk		Mini Jav - Male 8-15	1:00 PM - 1:45 PM Running Long Jump Div 199-208	1:00 PM
1:15 PM			77 athletes		1:15 PM
1:25 PM			Div 209-224		1:25 PM
1:30 PM	100M Walk – Female				1:30 PM
1:45 PM			1:45 PM - 3:00 PM Mini Jav Male 16+ 118 athletes Div 225-240	1:45 PM - 2:30 PM Mini Jav Male 8-15 & Female Div 209-224	1:45 PM
1:55 PM	100M Walk – Male				1:55 PM
2:00 PM					2:00 PM
2:15 PM	25M Walk				2:15 PM
2:30 PM	400M Run				2:30 PM
2:45 PM				2:45 PM - 3:30 PM	2:45 PM
3:00 PM	400M Walk			Standing Long Jump - Male	3:00 PM
3:15 PM				Div 159-173	3:15 PM
3:30 PM	4 x 200M Relay			3:30 PM - 4:00 PM Mini	3:30 PM
3:45 PM				Jav - Male 16+ Div 225-	3:45 PM
4:00 PM				240	4:00 PM

Saturday, June 7th

Time	Blue Staging Awards 1 Tent	Orange Staging Awards 2 Tent	Pink Staging Awards 2 Tent	Awards 2 Tent Open Pit Awards Schedule	Time
8:30 AM	1500M Walk				8:30 AM
9:00 AM	1500M Run				9:00 AM
9:15 AM	100M Run – Female 8-15	50M Run – Female	9:00 AM - 10:15 AM Shot Put – Male 12+ 70 athletes Div 241-250		9:15 AM
	100M Run - Female 16-21			50M Run – Female	9:30 AM
	100M Run - Female 22-29	50M Run – Male			9:45 AM
	100M Run - Female 30+			50M Run- Male	10:00 AM
10:00 AM					10:00 AM
10:15 AM	100M Run – Male 8-15		10:15 AM - 11:15 AM		10:15 AM
	100M Run - Male 16-21		Shot Put – Female		10:30 AM
	100M Run - Male 22-29		Shot Put - Male 8-11	Shot Put Male	10:45 AM
	100M Run - Male 30+		48 athletes Div 251-259	Div 241-250	11:00 AM
					11:15 AM
11:30 AM	4x100M Relay			Shot Put Female &	11:30 AM
	4x100M Unified Relay			Male 8-11	11:45 AM
	4x400M Relay			Div 251-258	12:00 PM