

COACHES CERTIFICATION - Key Points Summary

- Updated General Coaches Cert from 1/1/26
- Head Coaches will need to take Sport specific course from 1/1/26 instead of re-taking general coaches cert every 3 years.
- Sport specific refreshers will be required every 3 years. This will be an update on rules & competition changes.
- Required for each sport that they coach.
- In-person or NGB course required to make Gold Level.
- **ALL COACHES CERTIFIED ON 1/1/26 WILL BECOME SILVER LEVEL**

BRONZE (Level 1)	SILVER (Level 2)	GOLD (Level 3)
Assistant Coach	State/Regional Events Head Coach	USA/World Games Coach
<ul style="list-style-type: none"> - All Class A requirements - Concussion Course (Required every 3 years) - Signed Coaches Conduct - General Coaches Cert (Renamed Coaching Orientation) (Required every 3 years unless taking sport specific course) 	<ul style="list-style-type: none"> - All Bronze Requirements - SOWI Sport Specific Course (Re-taken every 3 years to keep updated on rules & events) 	<ul style="list-style-type: none"> - All Bronze & Silver Requirements. - NGB or NFHS course in sport. One of the following courses: - A SOWI Sport Specific course, different from what they are already trained in. - Sports Rules Article 1* - Planning a Training Session* - Planning a Season* - Sports Nutrition for Coaches* - Fitness for the Sport Coach* - First Aid / CPR Course**

*Through SONA Learning Portal

**Through Red Cross

COACHES CERTIFICATION - Key Points Summary

- Updated General Coaches Cert from 1/1/26
- Head Coaches will need to take Sport specific course from 1/1/26 instead of re-taking general coaches cert every 3 years.
- Sport specific refreshers will be required every 3 years. This will be an update on rules & competition changes.
- Required for each sport that they coach.
- In-person or NGB course required to make Gold Level.
- **ALL COACHES CERTIFIED ON 1/1/26 WILL BECOME SILVER LEVEL**

BRONZE (Level 1)	SILVER (Level 2)	GOLD (Level 3)
Assistant Coach	State/Regional Events Head Coach	USA/World Games Coach
<ul style="list-style-type: none"> - All Class A requirements - Concussion Course (Required every 3 years) - Signed Coaches Conduct - General Coaches Cert (Renamed Coaching Orientation) (Required every 3 years unless taking sport specific course) 	<ul style="list-style-type: none"> - All Bronze Requirements - SOWI Sport Specific Course (Re-taken every 3 years to keep updated on rules & events) 	<ul style="list-style-type: none"> - All Bronze & Silver Requirements. - NGB or NFHS course in sport. One of the following courses: - A SOWI Sport Specific course, different from what they are already trained in. - Sports Rules Article 1* - Planning a Training Session* - Planning a Season* - Sports Nutrition for Coaches* - Fitness for the Sport Coach* - First Aid / CPR Course**

*Through SONA Learning Portal

**Through Red Cross