



Free Health Screenings at State Summer Games! Friday & Saturday June 5 & 6 UW Whitewater

FREE health screenings! Four Healthy Athletes disciplines offered at Summer Games. Opening Eyes, Special Smiles and Strong Minds on Friday, June 5 and Fit Feet on Saturday, June 6, 2026. **We invite all athletes with up to date athlete registration paperwork on file to the screenings, even if they are not competing at SG!**



Special Smiles: 5-15 minutes (not including wait times). Special Smiles (funding provided by Delta Dental of Wisconsin Foundation) performs dental screenings to increase awareness of oral health. At the screening, dentists and hygienists identify oral problems, while athletes are provided with hygiene education, a “goodie bag” with dental care items (automatic toothbrush while supplies last), fitted mouth guards and fluoride varnish!

When: Friday, June 5th from 9:30am – 3:30pm

*Weather permitting, remote Special Smiles station in tents by track from 10:30am-2:30pm

Where: Fieldhouse (Cornhole Competition), Williams Center, UW Whitewater



Opening Eyes: 60-75 minutes (not including wait times). Opening Eyes (sponsored by Lions Club International Foundation) performs vision evaluations and dispenses *free glasses & sport goggles* to those athletes who are in need. For athletes that do not need prescription glasses, they receive a pair of designer sunglasses. Coaches or caregivers/family members can sign-up for a designated time to bring athletes through Opening Eyes. By signing up ahead of time your athlete will get check-in preference over walk-ins. Note: you do not need to pre-register to attend Opening Eyes; however, it may speed up the process. To pre-register for an Opening Eyes time contact Melissa at mschoenbrodt@specialolympicswisconsin.org

When: Friday, June 5th from 9:30am – 3:30pm

Where: Volleyball Gym, Williams Center, UW Whitewater



Strong Minds: 10-20 mins (not including wait times). Strong Minds stresses how important taking care of one's emotional wellness is and how taking care of it should be practiced like any other important skill. Strong Minds aims to educate coaches and athletes on how to incorporate mindfulness exercises into athletic practices and one's everyday life. There will be mindfulness activity guides and other mindfulness tools available!

When: Friday, June 5th from 9:30am – 3:30pm

Where: Room 183, Williams Center, UW Whitewater



Fit Feet: 15-30 minutes (not including wait times). Fit Feet screens the medical wellness of athlete's feet. Education on foot and nail care will be provided by podiatrists and podiatry students. Socks in a variety of men's and woman's sizes will be given away to athletes that attend Fit Feet (provided their size is in stock) and no tie shoelaces (while supplies last). We also have orthotics available for those athletes in need. Stop by the Fit Feet venue to take advantage of this fantastic service!

When: Saturday, June 6th from 9:30am to 1:00pm

Where: Room 183 Williams Center, UW Whitewater



The HEAR WI Mobile Audiology Clinic (MAC) will be available for free hearing screenings on Friday June 5th! MAC be parked in the William Center cul-de-sac on Friday from 9:30am-3pm for athletes, coaches, family and friends to receive a free hearing screen.

We invite all athletes with up to date athlete registration paperwork on file to the screenings, even if they are not competing at Summer Games. Please share this information with your athlete's families/caregivers.

Thank you Delta Dental of Wisconsin Foundation, Golisano Foundation, CDC and Lions Club International Foundation for making the Healthy Athletes program possible!



DELTA DENTAL OF WISCONSIN
FOUNDATION



“Special Olympics Health activities are supported by many sources, including in the United States, by Grant Number NU27DD000021 from the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services, with \$18.1M (64%) financed with U.S. federal funds and \$10.2M (36%) supported by non-federal sources. These contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.”