



POWERLIFTING

Venue

All Powerlifting competition will take place in the Kachel Fieldhouse inside the Williams Center at UW-Whitewater.

Competition Information

Saturday, June 6, 2026

7:30 a.m. -- Participants report for weigh-in

8:00 a.m. -- Equipment Check

9:00 a.m. -- Coaches Meeting

9:30 a.m. -- Competition Begins (lift order – Squat, Bench Press, Dead Lift)

Awards

Awards will be presented for all events at the end of competition. Athletes in the Combined Events will have their totals from the Squat Lift, Bench Press, and Dead Lift added together (no extra lifting).